

Master of Science in Nursing with Specialty in Mental Health and Psychiatry

Total Credits	42
Contact Hours	915
Total Weeks	90

Program Description

This program provides the necessary skills to qualify students as clinical specialists in mental health and psychiatry. Using a holistic perspective, the student will be prepared to apply knowledge related to research, critical analysis, and creative decision making and balancing of multifactorial circumstances. Students must complete one of the two role options from the Directed Electives alternatives; these are the role of education or the role of administration while studying or after completing their courses of their major field of study.

Program Objectives

- Integrate knowledge of the biopsychosocial sciences and nursing to perform advanced clinical practice.
- Apply the nursing process based on theories and empirical evidence to provide care to individuals, families and groups in the community.
- Assume legal responsibility and ethics in nursing care to promote the mental health of individuals, families and groups in the community.
- Assume leadership in therapeutic interventions with the individual, families and groups in the community.
- Conduct research to optimize the practice in the area of mental health and based on empirical evidence.
- Collaborate with the interdisciplinary team and weigh the interventions that are provided to clients with mental health problems.
- To promote effective communication strategies and interpersonal relations in therapeutic interventions to perform advanced clinical practice in coordination with the interdisciplinary team.
- Encourage and promote public policies that improve the quality of services in the area of mental health.
- Integrate the use of technology in advanced clinical practice by providing a holistic care to individuals, families and groups in the community.
- Develop skills of critical thinking in nursing interventions to promote the mental health of individuals, families and groups in the community.
- Take responsibility for personal and professional growth based on the needs and demands of the mental health industry.
- Evaluate the effectiveness of the programs that provide services to clients with deviations/alterations of mental health.

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Fundamentals (18 Credits)		
Code	Course	Credits
ENFE502	Theories and Nursing Models in the Advanced Practice	3
ENFE504	Advanced Physical Assessment	3
ENFE505	Advanced Physiology and Pathology	3
ENFE506	Research Methodology for Nursing	3
ENFE603	Research Project in Nursing	3
ESTA503	Statistics	3
Major Field of Study (18 Credits)		
Code	Course	Credits
MMHE501	Personality Theory	3
MMHE507	Advanced Physiopathology in Mental Health	3
MMHE508	Advanced Clinic Psychoneuropharmacology in Mental Health	3
MMHE509	Advanced Modalities of Treatments in Mental Health	3
MMHE601	Advanced Clinical Practice of Nursing in Mental Health I	3
MMHE602	Advanced Clinic Practice in Mental Health Nursing II	3
Directed Electives (6 credits)		
Code	Course	Credits
ENFE 610	Theories and Models in Nursing Education	3
ENFE 611	Practicum in Nursing Education	3
ENFE 612	Theories and Models in Nursing Administration	3
ENFE 613	Practicum in Nursing Management	3

* Students graduating from this program must present evidence of completing the Master Degree in order to obtain the license from the Puerto Rico Examining Board of Nursing Professionals as nurse specialist in Mental Health and Psychiatry to exercise their profession.